

## Pre Session Focus

- ✓ Organisation
- ✓ Layout
- ✓ Right players in right positions
- ✓ Free Play
- ✓ Realistic Start Position
- ✓ Good Coaching Position
- ✓ Mavericks, good finishers, fox in the box

Player Running with the Ball 

Pathway of the Ball 

Player Running without the Ball 

Intelligent Movement and  
Combination Play in the  
Middle and Attacking  
Third

Designed to promote  
decisive and  
deceptive movement  
to create and exploit  
space.

**UEFA 'A' Licence**  
**11 v 11**  
**Attacks From Wide Areas**

**Organisation**

Os 4-4-2 (Coaches Team)

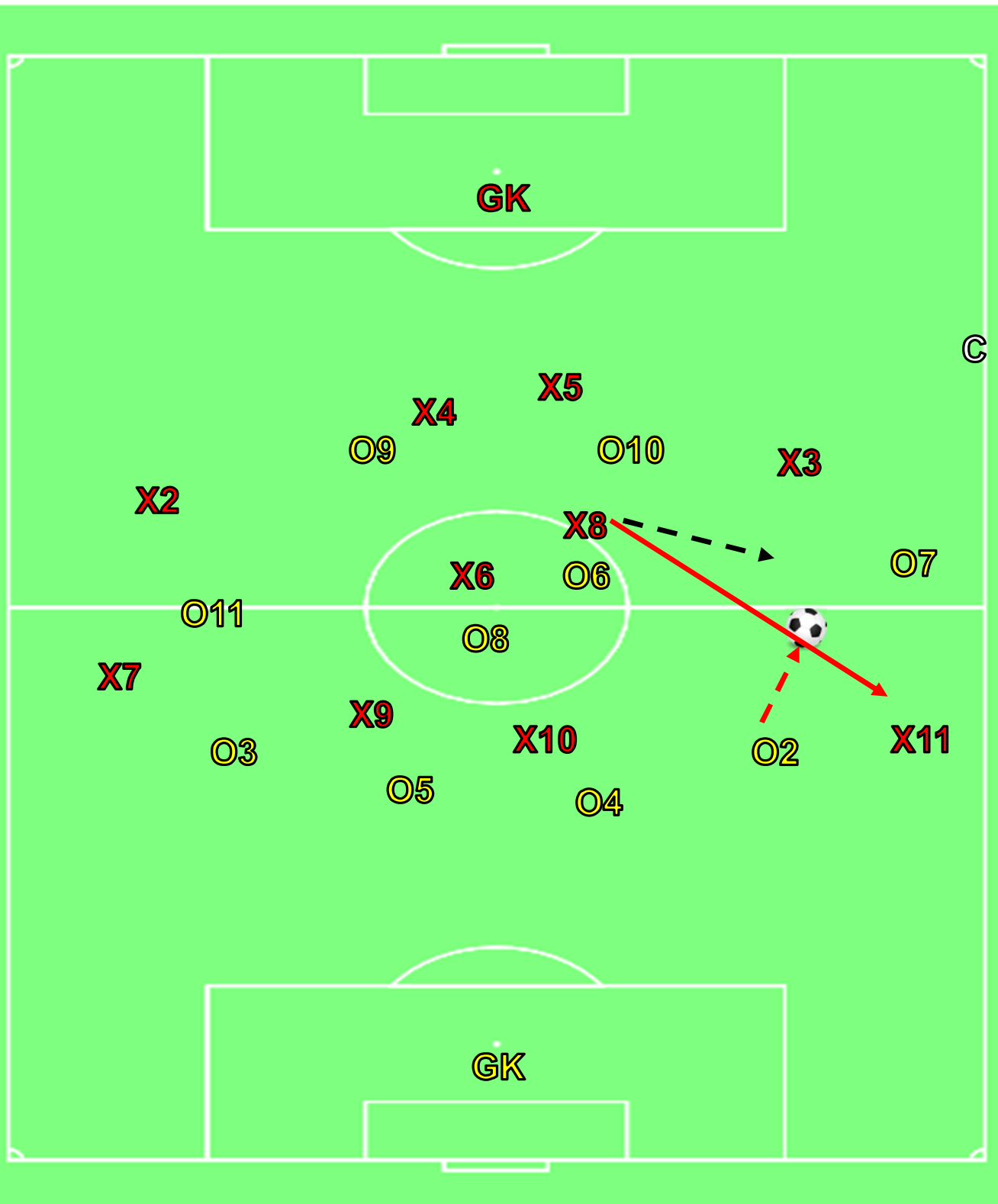
Xs 4-4-2 Defending

**Start Point No1**

- Xs (reds) on the attack
- Os (yellows) Narrow & Compact
- X8 Pressed by O6 forcing wide
- Ball passed to X11
- Intercepted by O2
- O2 now on the ball

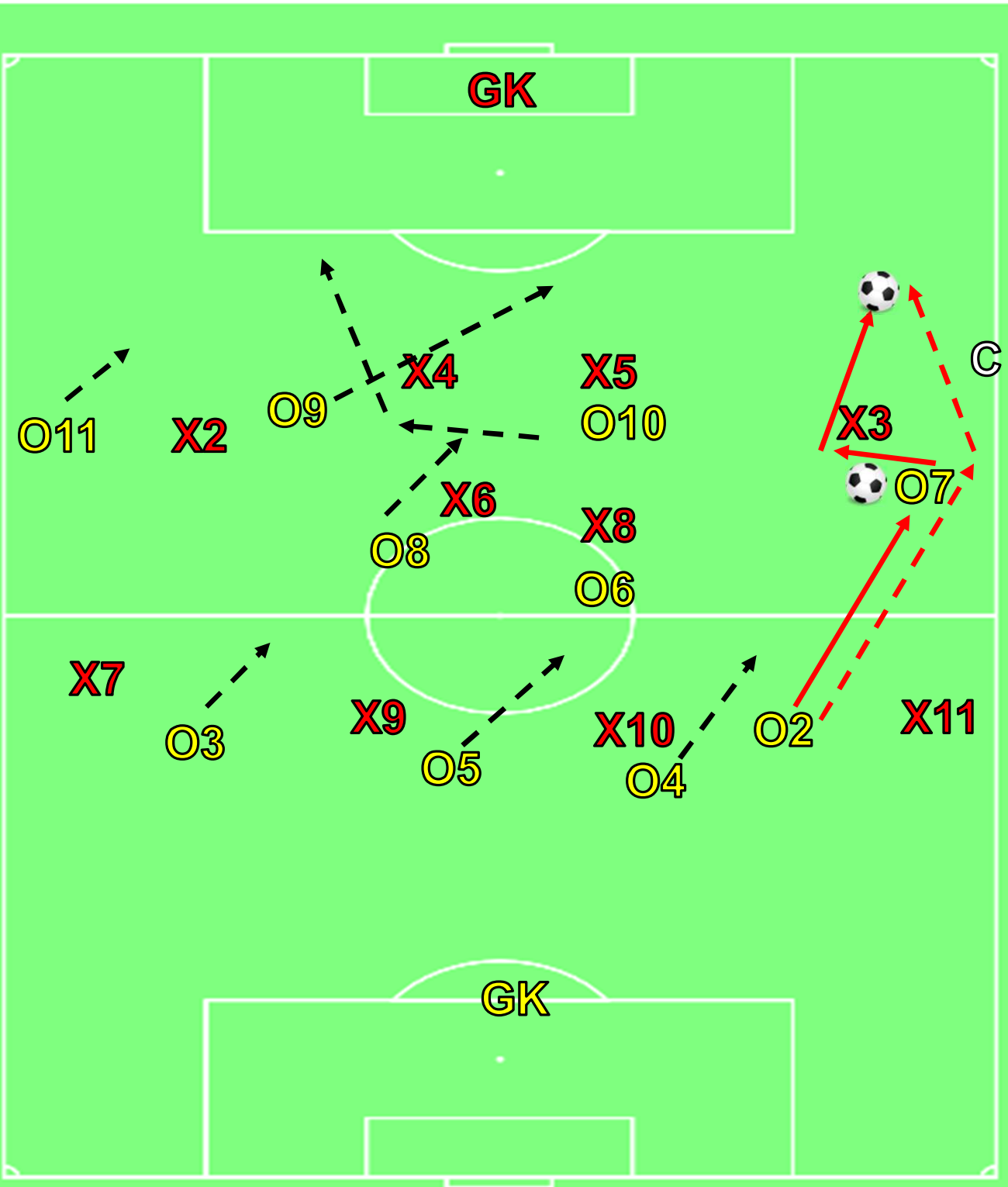
**Transition**

- ✓ Os now have the ball
- ✓ Dispersal of Os
- ✓ Switch on



## 2v1 Overlap Vs X3

## 2. End product



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### Attacks From Wide Areas

### Session Development No 2

Wide Player Shown Inside by X3

#### Situation

**X3 shuts off the line from the overlapping run**

#### Primary Players

- **O7** receives from **O2** with **O2** supporting him
- **O7** drives inside into the space between **X3** and **X5**
- **O10** pins **X5** until **O7** makes the run towards him

#### Secondary Players

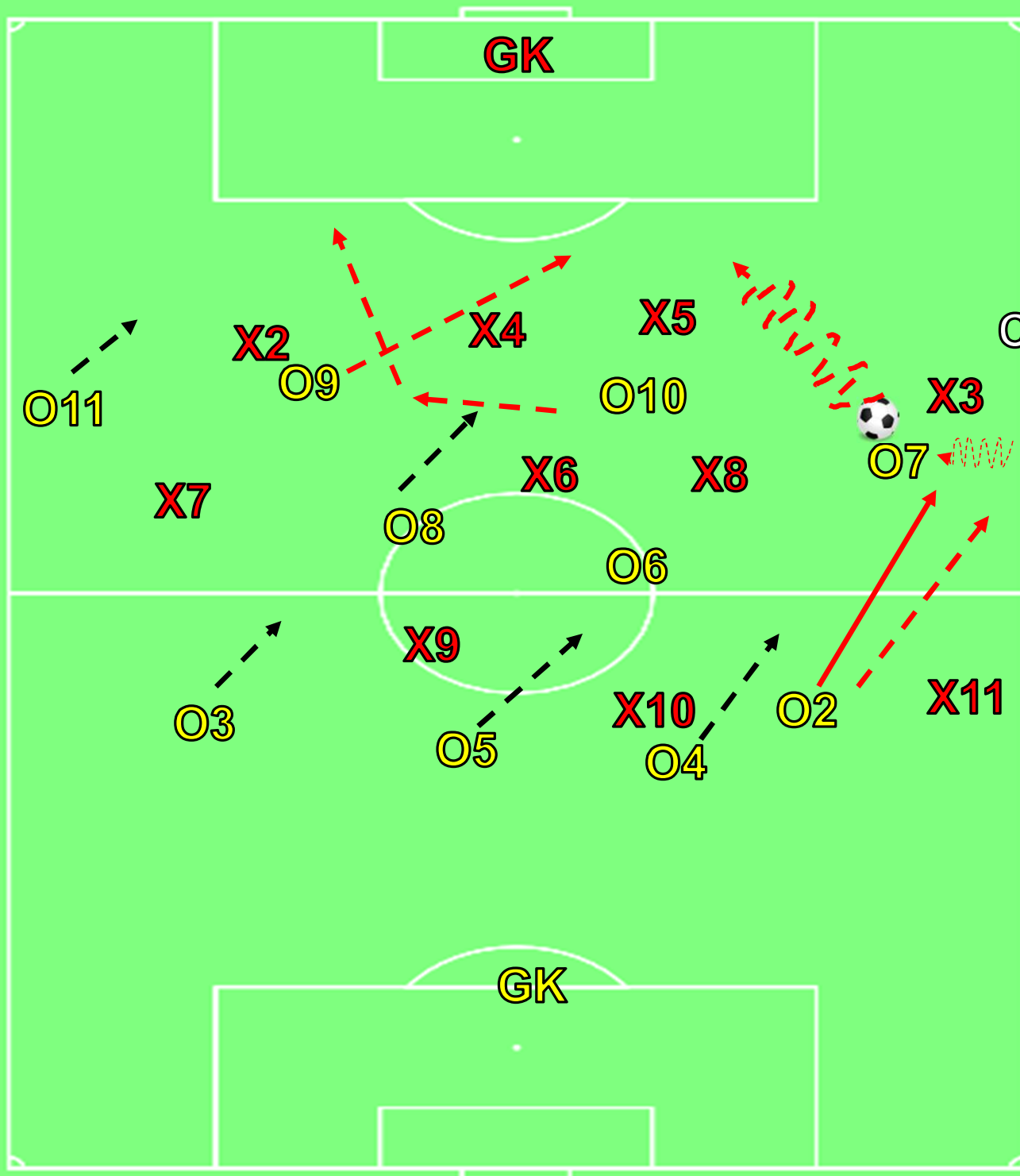
- **O9** stays high on the shoulder then completes a cross over with **O10**

#### Fringe Players

- **O8** support from midfield
- **O6** holding role
- Defenders move out & support

#### Primary Coaching Point

1. The drive inside from **O7**
2. End product



# UEFA 'A' Licence

11 v 11

Attacks From Wide Areas

## Session Development No 3

Combination Play (SIDS)

### Situation

**O7 on the ball wide**

### Primary Players

- O7 passes to X10 who is pinning X5
- O10 disguises a step over and lets the ball run to O9 this is called a 'SID'
- O10 then spins off behind X5
- O9 plays a 1<sup>st</sup> time ball behind X5 for the run of X10
- O9 then spins in behind X4

### Secondary Players

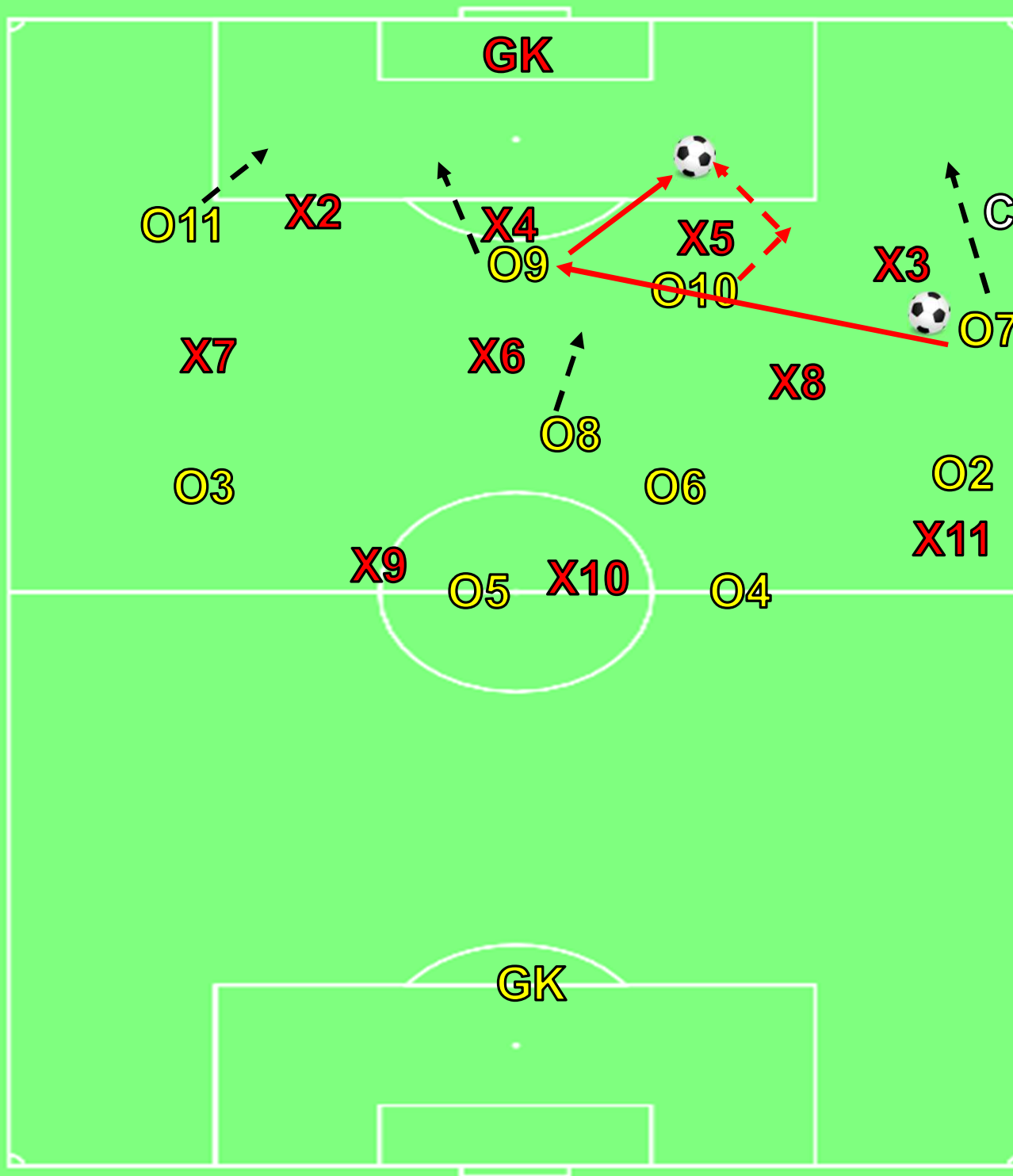
- O11 attack far post
- O8 supporting run

### Fringe Players

- O6 holding role
- Defenders move out & support

### Primary Coaching Point

1. The disguised step over
2. End product



## UEFA 'A' Licence

11 v 11

### Attacks From Wide Areas

#### Session Development No4 Switch Play to Move Defence

##### Situation

**O7 on the ball wide cant go forward**

##### Primary Players

- O7 passes to X6 who has dropped off his marker 8
- O11 creates space wide ready to receive the pass and attack X2

##### Secondary Players

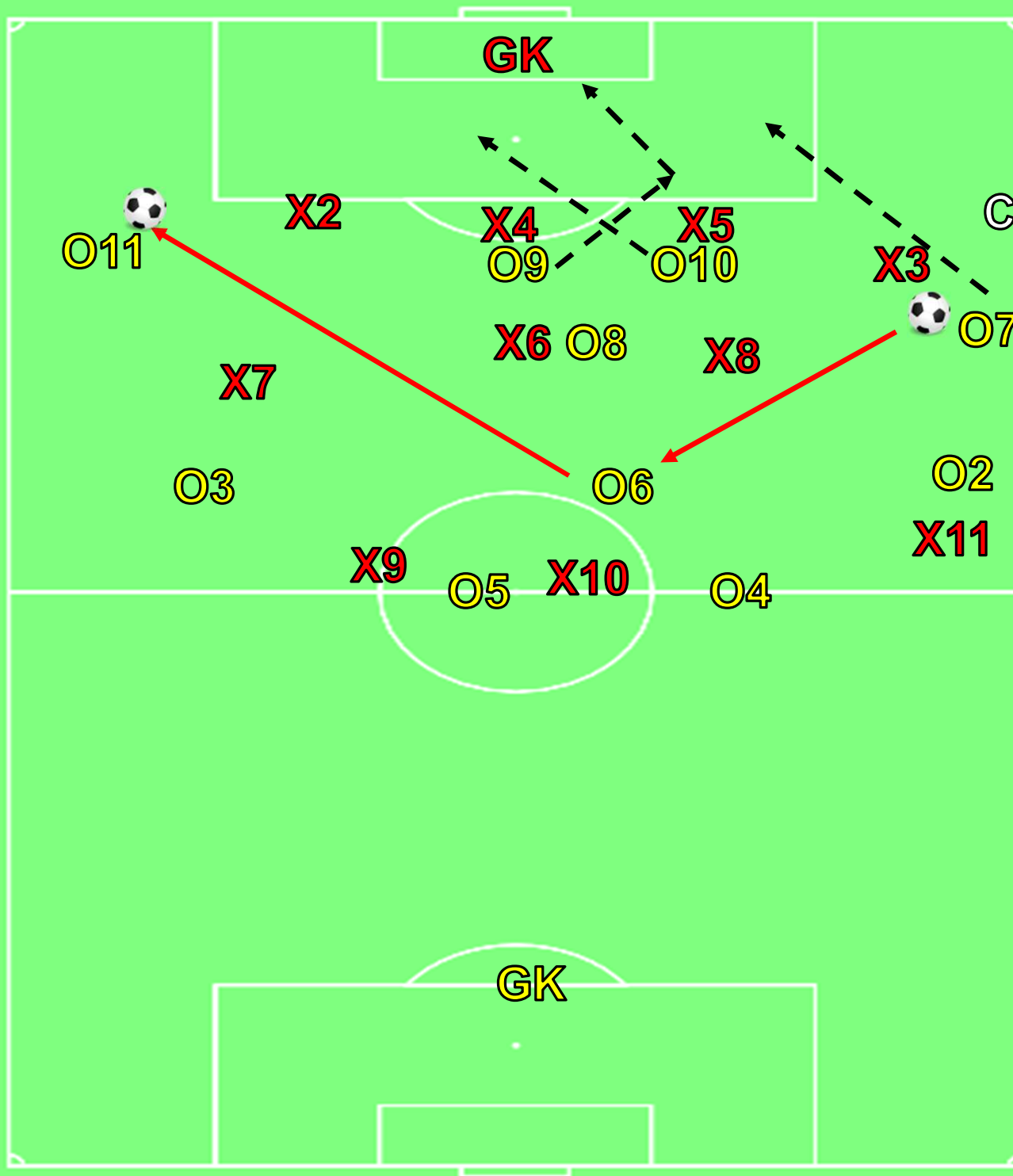
- O10 drives to front post area between defenders and across X5 with strong run
- O9 re shapes to far post run
- O8 late supporting run

##### Fringe Players

- O6 holding role
- Defenders move out & support

##### Primary Coaching Point

1. The quick switch of play
2. End product



## UEFA 'A' Licence

11 v 11

### Attacks From Wide Areas

#### Session Development No5

Runs From Deep Positions

#### Primary Players

- O11 Holds and drags X2 towards him, creating for O3
- O3 runs from deep exploiting the space behind X2

#### Secondary Players

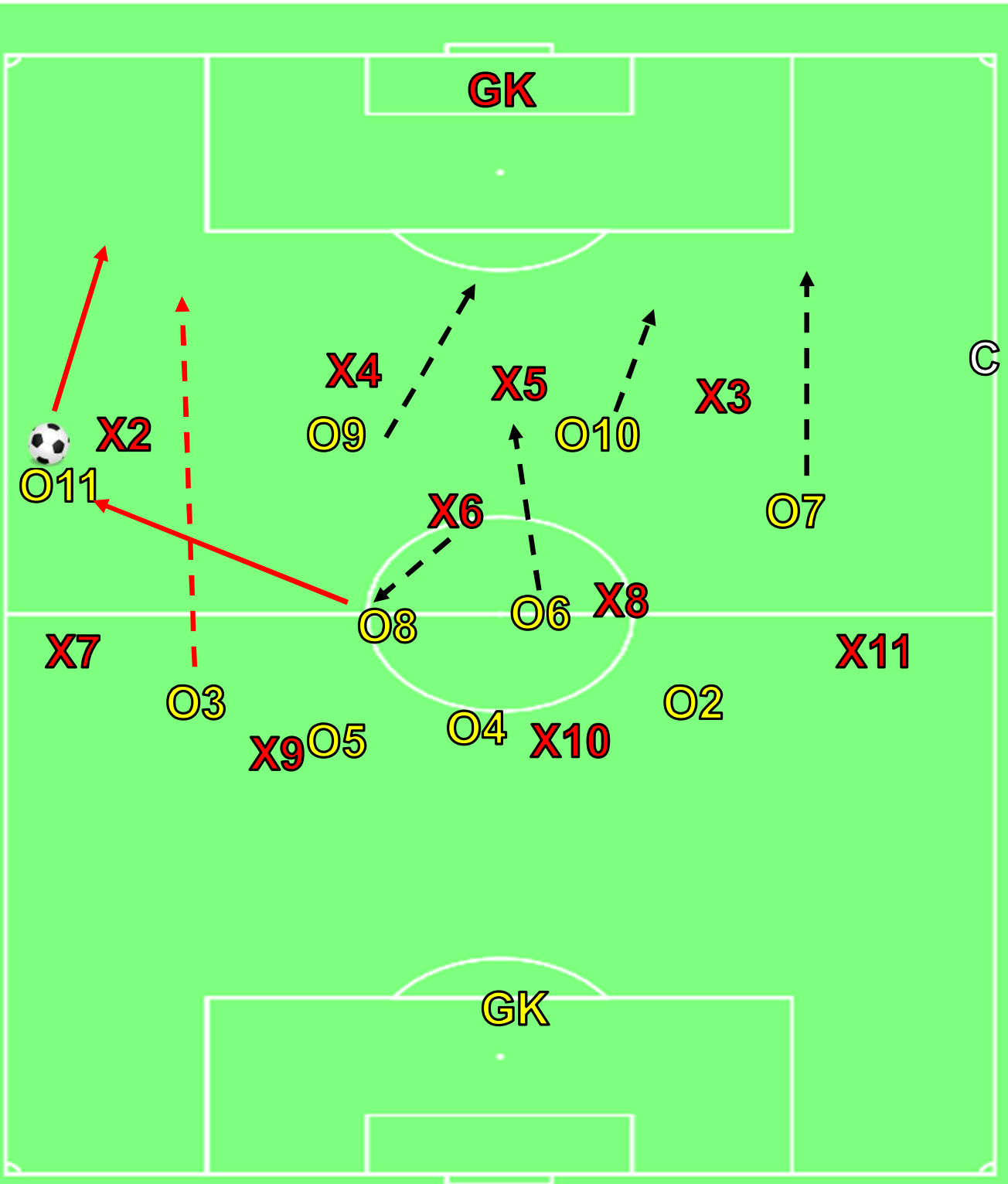
- O9 & O10 movement to attack the incoming cross

#### Fringe Players

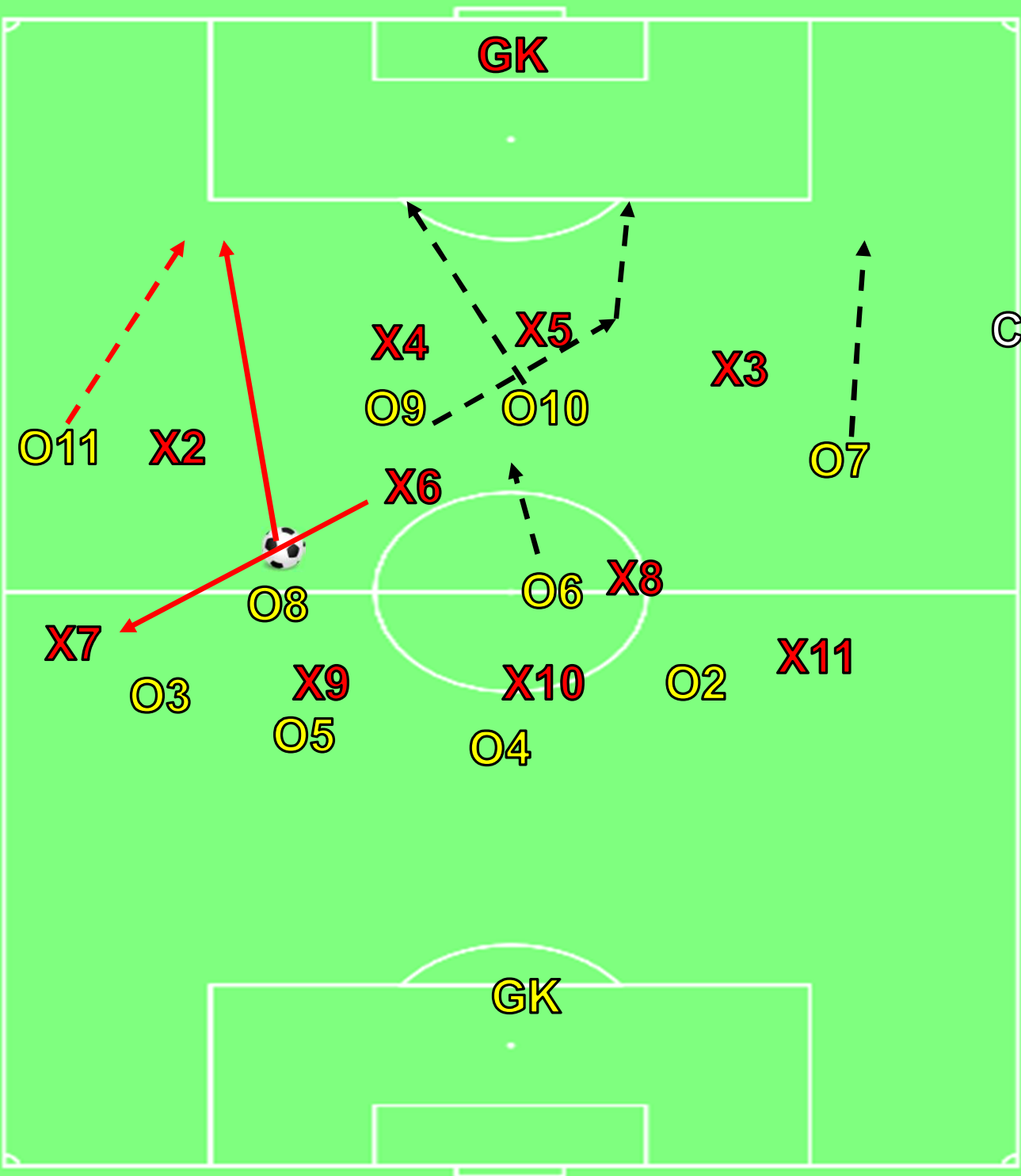
- O7 supporting run wide
- O6 supporting run from deep
- O8 Holding role
- Defenders move out & support

#### Primary Coaching Point

1. The hold from O11
2. Timing of the run from O3
3. End product
4. Lock the box



#### 4. Lock the box





## End Session Evaluation

- ✓ Success?
- ✓ Players enjoyed the session?
- ✓ It was a Level 4 coaching practice not a drill?
- ✓ What are you taking forward from this session

## Sessions Review Collectives

- ✓ Player movement
- ✓ Timing of Runs
- ✓ Re shape
- ✓ Balance and Support

## Primary Coaching Points

- ✓ Decisive passing
- ✓ Receiving skills
- ✓ Deception (Mavericks, Fox in the Box)
- ✓ **End Products!!!!!!!**

## Have You

- ✓ Devised a positive practice and positive experience for the players?
- ✓ Coached your topic?
- ✓ Coached Primary, Secondary and Fringe players?