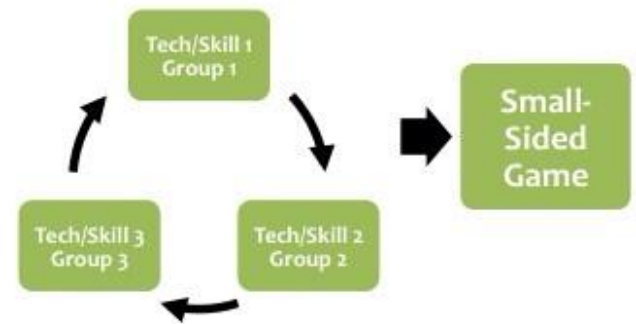


Structuring Training Sessions

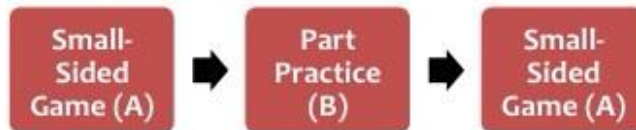
Traditional "Chaining" Method



Carousel (rotate in small groups)



Whole-Part-Whole / A-B-A



Variety (of themes & practices) – whole group

