



FINAL PART: 4 vs. 4 and 1 vs. 1 Organization

- A double box with gates with goalkeepers Mark (field 1)
- A 20 x 10-meter 1-on-1 with Mark Field (field 2) between the outer line of the large field box 1 and the outer line
- Divided 2 teams and spread on the two fields
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- **Expiration**
- 4 v 4 in box 1
- In section 2, one played against one of the goal lines. Manages one of the players, the breakthrough over the line, he immediately changes in the running game with a team-mate of field 1
- This arises then with ball back in field 2 at.
- Where the ball at the 1 on 1 into touch or the line is überdribbelt immediately 2 new players start on the 1 on 1 in the field.
- Which team has made the end more results?
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- **Variations**
- Goals in field 1 count 2 points, the About Dribbling the finish line in field 2 gives 1 point for the team score.
- Finally, enlarge the playing field and let them play freely against 8 in 8.
- **Tips and corrections**
- In both fields, sufficient spare balls ready.
- Can play in box 1 with '3 corners = 1 Penalty '.
- Field 2 has always starts the player with ball into the box, whose team is in field 1 in possession.
- Are any 5 players on a team on the field, there is penalty for the opponent.