



4 v 4 + 4 Possession and Attack

This game focuses on fast attacking and finishing. The team that wins possession must pass to the neutral players at least twice and can only attack the goal after a pass to one of the neutral players who is closest to the goal. This game rewards a team who maintains possession until it is the right time to attack. It also requires the attacking players to make forward runs when one of the neutral players closest to the goal receives the ball. This is a great game to play following a possession oriented practice.

Variation: Add Second goal

Neutrals will represent #11, #7, #2, #3
Yellows and Blacks represent #9, #10, #6, #8